



# AROUND THE BEND



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## **Management Corner Monica Mizerek**

### **A word or two about your new Access Control System:**

First we want to thank the Building Facilities Committee for all the work they did to make this possible for the Association.

The Board took the recommendation of the Committee to select ESSI as the contractor for this project. A contract was signed and a deposit made to the firm. This project will be paid for with Replacement Reserves.

As simply as we can state, the purpose of the change is to update the system into a new Master computer that will be able to process new fobs. The current computer has no more memory nor the capacity to be updated.

Registration has taken place for fob replacement. If you have not yet done so, please call the office to set up a time to do so. All residents are required to provide a government issued photo identification. If you would like to have an extra access card or fob for your relative, please ask about it at your appointment. A “photo ID” for that access card and or fob will also be required.

Therefore, as we move forward, we will replace the current fobs. This a picture of the one you may be using now.



Also, some of you may be using an original door key. This key is also being phased out. This project will be performed by Baldinos Lock Service. Only the engineer, front gate head, Paul Earle and the Fire Department will have a physical key to the

front door. This re-keying cost will be paid out of the Key & Locks line item.

You will be provided a key to the storage rooms that will also provide access to the first floor stairwells on each side of the building.



As far as a start date for usage of the new fobs and access cards we are just waiting for the electrical permit from Loudoun County to proceed.

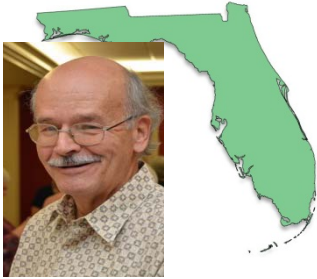


All residents will be notified in advance of the “activation date.” It will be posted and notices will go under doors and by emails as provided during recent fob registration. We will also ask Sue Merk to post the date on her mid-month email.

The office will have a loan library of fobs for guests who come in to see you for the weekend or longer. Therefore, buying an extra fob will be unnecessary. The engineering staff will provide “timed” access fobs to eligible contractors.

When the new system is place, there will be an updated electronic directory to replace the current directory. It will be more practical and cost effective to edit name information changes. The foyer will also be spiffed up. The bench is getting a makeover, thanks to the work of Carolyn Hite.

Thank you all for working with us through such a detailed seemingly complex project. In the end, we know you will appreciate the new system’s ability and ease to provide the control access we have grown to expect and require at Riverbend.



**President's Corner  
February 2015**

Terry is currently out of state and will return to the Corner next month.

**Egg Carton Recycling**

I am happy to report that egg cartons will again be collected for Loudoun Interfaith Food Pantry. Only six, eight, or twelve size containers are needed.



Dorothy Nelson had delivered them to Interfaith and I am grateful to Mark Nabavi for offering to take them to Leesburg. I will pick up your donations or you may leave them at my unit. . . #106.

--- Jackie Lev Dahl  
703-729-6276

**From The Engineer  
Bryan Crosley**



**Two thoughts:**

1. It's not a good idea to leave your dishwasher or washing machine/clothes dryer running when you're out of your unit. The possibility of a mechanical malfunction of one of these appliances could cause a flood or fire.
2. NEVER EVER use a sprinkler pipe or sprinkler head to hang things on!



**Join the Fun!**

Play **Bunco** in the party room the first Saturday of the month at 2:00 p.m. **Bunco** is a fun and very easy game based on luck. Last Saturday, I came downstairs to check my mail and heard joyful laughs coming from the party room. When I went



in I saw a group of ladies playing **Bunco**. At one table, there was a ghost player (a dummy) so I was invited to replace it and join the game. Of course, the dummy was winning and I started to lose but it was a lot of fun!!! The game is played at tables of four in competing teams of two. It costs \$5.00 to join the game but the money is used for prizes that include: most Buncos, most Baby Buncos, most Wins and most Losses, a Draw and a Traveler. So you may get your money back or win more than you paid for the game, It is so easy!! Come and have a couple of hours of fun!!

*Cecilia Frenkel*

Kobby Okum, our adviser at Edward Jones Investments, will be bringing a Federal Reserve representative from Richmond to the BOD meeting on Thursday, February 26, to speak about current interest rates. Please plan to attend the meeting at 2:30 p.m.

*Around the Bend is a publication of the Communications Committee of Riverbend at Leisure World Unit Owners Association and is available on our web site at <http://riverbend@lwva.org>. The appearance of advertising within this publication is neither a guarantee nor endorsement by the Committee nor Association of the product, service or company or the claims made for the product in such*

## COMMITTEE REPORTS

### Activities Committee

Belated Happy New Year from all the volunteers of the Riverbend Activities Committee!

Many heartfelt thanks to Sue Wiggins, Co- Chair and Mary Smith, Co-Chair and Treasurer for 2014 for their hard work and creativity in making our Riverbend residents so. . .so. . .happy and entertained!

The new officers for 2015 are: Tehmi Jamaspian, Chair; Cathy Black, Vice Chair; Mary Smith, Treasurer; and Angela Hellstern, Secretary. The committee is very excited and will continue to the best of their ability to enhance the social activities for Riverbend as we ring in 2015! One of the highlights is that a group email is being developed so that the residents will be periodically informed of the activities, which will enable them to save the dates in advance. The goal is to plan activities three months in advance. The email addresses provided in the 2015 Directory will be used. If you are not in the Directory and wish to receive the email please let me know.



The regifting party was so much fun and wow what a phenomenal turnout. Our very famous "Auctioneer/MC", Carol Cutrona, was amazing in how she handled the evening. A big THANK YOU to Carol, all the participants, and volunteers,

without whom this would not have been a success.

Paula Gomez works effortlessly, and continues her search for the best movies for Riverbend.

Our February, 2015 activities are: 2/2 – Mix and Mingle; 2/5 – Cinema Arts; 2/15 – Valentine's Day Sweet Sensations; 2/21 – Movie Night All events take place in the Riverbend party room.

Activity Committee meetings are open to all Riverbend residents and conducted on the first Monday of the month at 10:30 a.m.

The committee looks forward to working with each and every resident and if you have any ideas we will be happy to consider them and brain storm. It is a joy. Contact me by email:

[tjamaspian@comcast.net](mailto:tjamaspian@comcast.net)

or telephone: 703-723-6010.

--- Tehmi Jamaspian  
Chair

### Rules Committee

The Riverbend Ready Reference rule book has been submitted to the Directors for final approval and publication. A copy will be made available in the lobby for your review. This draft copy will give you an opportunity to submit your questions. There will be blank note pages for your use so that the Rules Committee can create a "FAQ" for our online edition. Watch for this product. It is coming soon.

--- Joyce Moore  
Chair

### Communications Committee

Maria Kelly, a member of our Riverbend Committee also serves on the LWVA Communications Committee. Maria has volunteered to collect association newsletters from the other buildings and to assemble them in a binder for your perusal and enjoyment. The collection will be available on the lobby baker's rack and will be updated monthly. We thank Maria for providing this service.

We appreciate the many comments and compliments we receive from our readers and hope to continue to bring you items of interest and information. If you have suggestions for future issues or would like to submit something, we have a folder in the office or you can contact me at [gininix.laughin@gmail.com](mailto:gininix.laughin@gmail.com).

--- Virginia Laughlin  
Chair

### NEWCOMERS' RECEPTION

A Reception for new residents of Riverbend was held on January 22 in the party room. Hosted by the Activities Committee it was an opportunity for people who have moved in during the past year to meet the members of the Board of Directors, Committee Chairmen and each other. Guests enjoyed light refreshments while socializing and then were formally welcomed by Vice President of the Board, Mary Ann Blatt who introduced fellow Board members present. Sue Wiggins then introduced Committee Chairpersons who presented brief descriptions of their committee's role at Riverbend



Judy Phillips



Tom Black



Larry & Mimi Wu



Kathy DeMeo



Lloyd & Doris Sutherland



Jackie Lev Dahl & Olga Ricciard



Nancy & Bill Johnson



Alan & Dorothy McMaster with Ann Rogin



Rachel Emery & Cathy Black



Albertine (Sunshine) Green

**COMMUNITY SERVICES**

**Senior Citizen Scams**

The Loudoun County Sheriff’s office defines fraud as “the intentional deception resulting in injury to another, as when a person makes false statements, conceals or omits material facts.”

It is estimated that older Americans lose \$2.9 billion to fraud / scams each year. Two consistent repeatedly occurring issues are the frequency with which victims do not report scams and the difficulty many encounter when trying to determine where to report scams.

Because seniors are often prime targets for fraudsters, the U.S. Special Committee on Aging has made protecting older Americans from fraudulent and deceptive practices a priority. Over the past year, the U.S. Senate Special Committee on Aging conducted investigations, held hearings on numerous scams aimed at seniors, and launched a Fraud Hotline. The committee recently released a bi-partisan report detailing the following most common types of fraud reported through its Fraud Hotline: 1. computer scams (tricking consumers into believing that their computers are riddled with



malware and then charging them to “fix” the problems); 2. grandparent scams (con artists pretending to be a family member who is in need of money to cover medical

care or to fix a legal problem such as money for bail); 3. health related scams (especially medical alert device schemes in which scammers attempt to collect personal information or convince seniors to pay for a device they never ordered); 4. identity theft (including tax-related identity theft); 5. lottery scams (fraudsters leading victims to believe they have won a lottery but must pay upfront fees or taxes before their winnings can be released); and 6. Social Security fraud (Social Security benefits being rerouted from the accounts of rightful recipients to fraudulently created bank and debit card accounts).

One of our Riverbend residents has frequently received fraudulent telephone voice mail messages

over the past year. (Thank you to Lorraine Rennett for telling us about her experiences with scam telephone messages, described as follows.) In the past six months she has received more than a dozen voice mail messages advising her that a court case was pending against her and that she needed to call back or the caller would initiate court proceedings. Her telephone caller ID indicated a company name and phone number which her computer searches linked to a variety of company names and telephone numbers. She reported these scam voice mail messages to the Loudoun County Fraud Division and met with one of its community service representatives. She was advised to continue not to answer these telephone calls; to write down the number she sees on her caller ID; and then to use \*60 to block each number from which she receives a scam call. She was told that frequently these fraudulent calls originate outside of this country but telephone numbers are routed to look like they are coming from the U.S.

Loudoun County participates in a senior crime prevention program initiative called TRIAD. This is a partnership that includes the Loudoun County Sheriff, the Virginia State Police, the Leesburg Police Department and the Loudoun County Commission on Aging. It is supported by agencies such as Family Services, Adult Protective Services, Mental Health Services, and the Loudoun Fire, Rescue and Emergency Department. Its mission is to reduce the criminal victimization of the elderly to enhance the delivery of law enforcement services to older persons.

Among the general protective scam guidelines provided by the Loudoun County Sheriff are the following: be suspicious of callers who demand payment for any reason; never provide personal or financial information to anyone who emails or calls you unsolicited; never wire money or provide debit or credit card numbers to someone you don’t know; and remember that utility companies and government agencies will not contact you demanding immediate payment by money cards.



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If you are the victim of a scam / fraud, call the Loudoun County Sheriff's Department at 703-777-1021. If you wish to report being the victim of a scam / fraud to the U.S. Senate Special Committee on Aging, call the Fraud Hotline at: 855-303-9470. Complaints about fraud, scams, phishing, identity theft, unwanted telemarketing, credit or debt issues, or other unfair business practices can also be submitted to the Federal Trade Commission at: <https://www.ftccomplaintassistant.gov>.

Additional information about a wide range of fraud schemes targeting senior citizens and tips for avoiding fraud is available on the FBI's website: [www.fbi.gov/scams-safety/fraud/seniors](http://www.fbi.gov/scams-safety/fraud/seniors).

— Anita Zatz

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## Dates To Remember

Monday, February 2 --- Groundhog Day  
Mix & Mingle, 7 p.m.

Saturday, February 14 --- Valentine's Day

Sunday, February 15 --- Sweet Sensations, 7 p.m.

Monday, February 16 --- Presidents Day  
Office closed

Tuesday, February 17 --- Mardi Gras  
Deadline for *Around the Bend*

Wednesday, February 18 --- Ash Wednesday

Chinese New Year --- Thursday, February 19  
4713 Year of the Goat

Thursday, February 26 ---  
Board of Directors Meeting, 2:30 p.m.

*All events take place in the party room unless noted otherwise.*

*Happy  
Valentine's  
Day*



## The Adventurous Eater

Beth Schlabach, Guest Columnist

One of the drawing cards for us moving to Leisure World was the fact that Wegmans is nearby. I shop there weekly, the same as many of you who live here. Since grocery buying is the obvious purpose of the store I want to introduce you to another service Wegmans provides.



Aubrey and Carolyn Hite like to go to Wegmans for breakfast every Sunday morning. They eat an egg sandwich that is made with an English muffin, scrambled egg (about ½ inch deep), bacon or sausage and cheese (\$3.39 without meat and \$3.79 with meat and coffee). Carolyn says, "It is much, much, much, much better than the Egg McMuffin you get at McDonald's." Wegmans also has oatmeal, bagels, sweet rolls and fresh fruit as breakfast items.

Wegmans is a great place to have lunch. We found it convenient before and after



taking our granddaughters to the movies and shopping. Seating is accessible with an elevator to the second floor. There are many choices: pizza with sauce and cheese (\$9.99 – \$21.99), specialty pizza (\$13.99 - \$30.00) hot and cold submarine sandwiches (\$4 – \$9.49), soup (\$3.99 – \$5.99), jumbo chicken wings, chicken fritter and boneless chicken bites (\$8.99 for 10 wings and fritters or 15 bites), and a great variety

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of foods presented in a cafeteria style (\$8.99/pound.) Another way of ordering your meal, either to eat there or as a takeout is called, “choose your meal.” For \$6 you can have a main dish, and 2 sides.

Have you ever had dinner at Wegmans? They have delicious seafood in a café with seating at the bar surrounding the cooking area. There are tables nearby to accommodate those who find sitting at a bar uncomfortable or just not to their liking. While having dinner there one evening, we met a couple who lives within walking distance of Wegmans. They said they really enjoy eating there even more than grocery shopping. The seafood bar is open daily from 11 a.m. – 9 p.m. You can order a main dish (farm raised salmon or tilapia, scallops, crab cake, lemon garlic marinated chicken, NY strip steak) with vegetable medley or green salad for prices ranging from \$10 – \$16. Beverages are available, including red and white wine.



After sightseeing with relatives we found this place very convenient and relaxing as we watched the chefs prepare foods for us. The service is gracious even though no gratuity is permitted. Our relatives were impressed.

Now for some background information: Robert B. Wegman was born in 1918 when grocery stores were not at all like the legacy he built. He grew up getting fruit and vegetables from pushcart peddlers. He was born in his grandparents’ home in Rochester, NY, where his father operated a store in the front of their home. In 1916, Robert’s two



uncles, Jack and Walter went into the food business and they opened a store in Rochester in 1930. They received national attention since the store featured 20,000 square feet with a cafeteria that seated 300, refrigerated food display windows and vaporized water spray to keep vegetables and other produce fresh.

After the death of his father in 1937, Robert Wegman went to work in the family business. In 1950, following the death of his uncle, he became president of the entire operation. At a food industry conference in Thailand in 1967, Robert Wegman shared the company’s philosophy, “I am a merchant and I have, therefore, my own philosophy about merchandising. That is: to do something that no one else is doing and to be able to offer the customer a choice she doesn’t have at the moment.” Currently, Wegmans has 84 stores in NY, VA, PA, MA, MD and NJ with nine more stores planned. With Wegmans here in Leesburg we have the opportunity to benefit from Mr. Wegman’s small business adventure that became a success, extending throughout the Northeast and the mid-Atlantic region.

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<i>Communications Committee</i>	
Chairman/Editor: Virginia Laughlin	
Layout/Production: Virginia Laughlin & Barbara Bracebridge	
Editorial Staff: Cecilia Frenkel, Maria Kelly, Bernie Nakamura, Beth Schlabach, Bonnie Wohlford and Anita Zatz	
Distribution: Marge DeSimone, Bobbie Brennan, Ellyn Chace, Bea Childs, Lorraine Eiermann, Cecilia Frenkel, Maria Kelly, Jackie Levdahl, Judy Martinowsky, Ann Robinson, Pat Scheffel, Betty Simmons & Peg Ware	
Board Liaison: Shirley Thorpe	

<i>Management Staff</i>	
Phone: 703-724-7800	Fax: 703-724-4345
General Manager: Monica Mizerek	
Assistant Manager: Betty Ragozine	
Building Engineer: Bryan Crosley	
Assistant Engineer: Ed Nelson	